

# Quick Contacts

## Major League Baseball Benefits Plan

For all inquiries regarding existing Life Insurance, Health Insurance, Pension or Vanguard accounts, please call the appropriate number below:

**United States:** 1-800-669-2255 | **Outside the US:** 443-997-4686

For questions regarding Minor League Baseball pension benefits, please contact Rich Hunt at 212-931-7848, or rich.hunt@mlb.com. For Spanish assistance, please call the MLB DR Office at 809-518-2233.

## Baseball Assistance Team (B.A.T.)

The Baseball Assistance Team (B.A.T.) was formed in 1986 by a group of former MLB players to confidentially help members of the Baseball Family in need of assistance with nowhere else to turn.

If you, or a member of the Baseball Family that you know, is in need of medical, financial or psychological assistance please contact B.A.T. at 212-931-7822, or BAT@mlb.com.

## MLBPAA Insurance Broker: Advanced Benefit Solutions

Interested in purchasing insurance coverage? Please contact Ron Seibel with the MLBPAA's preferred insurance broker, Advanced Benefit Solutions. Ron can be reached at 800-291-2009 ext. 102, or ron@abenefitsolutions.com.

To learn more and shop available policies online, please visit: [www.mlbpaabenefits.com](http://www.mlbpaabenefits.com).

## Contact your Alumni Association:

**General Inquiries:**  
[postoffice@mlbpaa.com](mailto:postoffice@mlbpaa.com)

**Visit us online at:**  
[www.baseballalumni.com](http://www.baseballalumni.com)

**Membership Inquiries:**  
[membership@mlbpaa.com](mailto:membership@mlbpaa.com)