



“MEAN GIRLS GROW
UP TO BE MEAN
WOMEN IF THERE IS
NO INTERVENTION.

THE SISTER ACCORD
IS THE INTERVENTION.”

Shonia

SONIA JACKSON MYLES BIOGRAPHY

Sonia Jackson Myles, Founder, The Sister Accord Movement & Author, "The Sister Accord: 51 Ways To LOVE Your Sister"

Sonia is the mother of Kendall, age 18 and Jordan, age 17. She is married to Kenneth A. Myles. Sonia is a native of Saginaw, MI. She graduated summa cum laude from Florida A&M University (FAMU) with a BS in Business Administration (1989) and an MBA in Marketing (1990). Before launching her Sister Accord business full-time, Sonia was an executive in Corporate America with over 20 years of experience. She has worked for Ford Motor Company, The Gillette Company and The Procter & Gamble Company. Her last corporate role was as P&G's Director, Global Packaging Purchases, where she managed \$6B in spend.

Sonia was named one of Essence Magazine's "Women of Power" in 2008, Bloomberg Report's "History Makers" in 2009, Trumpet Award Foundation's "Women in High Heels" in 2010. Sonia was inducted into FAMU's School of Business and Industry's Hall of Fame in 2011, and was named one of Black Enterprise Magazine's Top Executives in Marketing & Advertising. In 2012, Sonia was named one of FAMU's 125 Outstanding Alumni, in celebration of the University's 125th Anniversary, and was awarded The Gillette Legacy Award. Sonia was nominated for a 2013 NAACP Image Award, in the Debut Author category, for her book, The Sister Accord: 51 Ways To LOVE Your Sister.

Sonia is the Founder, President & CEO of The Sister Accord Foundation, which has 3 areas of focus: Educating girls and women, Enlightening girls and women of the Power of Sisterhood and Eradicating bullying and violence against girls and women. She currently serves as the Chair for FAMU's School of Business & Industry's Advisory Board and was recently appointed to the FAMU President's Alumni Advisory Board for Athletics. Sonia is also on the Board of Directors for The Impact Young Lives Foundation, which supports leadership development for youth in S. Africa, and was appointed to the Board of Directors for The MATLET Group (a \$100MM printing company) in 2013, and Fresh Start Beverage Company in 2014. Her mantra is "There is always a seat at the table for excellence—focus on being excellent."